

Notes of the

## Fareham and Gosport Voluntary Sector Health Forum

2<sup>nd</sup> May 2017, Masonic Hall, Gosport

The meeting was hosted by Gosport Voluntary Action and a list of those who attended and those who sent apologies is appended to these notes.

### Welcome and Introduction

Nicky Staveley welcomed everyone to the Forum. The theme of today's forum was Caring and how all the groups could work together to make life better for Carers.

### Sarah Balchin - Head of Patient Experience at QA Hospital

Sarah spoke about QA's aim to understand what matters most to the patients and carers, particularly within the acute set-up. The full presentation is attached below.



Patient Experience  
Presentation 2 May :

Q. Is this initiative only available at QA Hospital?

A. No, it is available throughout the PHT trust, at outpatient clinics, surgeries, etc.

### Group Presentations - Update of Priorities

Several presentations were given to the forum which are attached below.

### Age Concern - Dying Matters (Ian Reeves)



Dying Matters  
Voluntary Health Se

### Relate - Caring Relationships Counselling Pilot Project (Emily Caddy)



Relate  
Presentation.docx

### KIDS - Fareham & Gosport Young Carers (Jack Traylen)



Young carers  
gosport.pptx

### Carers Together – (Tracey Eldridge)

Although Tracey was unable to attend the forum, she requested information be included of a new Community Café being held at the Hub Café in Leigh Park. It will be held on the 1<sup>st</sup> Thursday of each month from 10am-12 noon and every 3<sup>rd</sup> Monday of the month from 2-4pm.

Full details are on the flyer attached below.



## Noticeboard

**Carers Week.** Community Action Fareham are holding an event on Monday 12<sup>th</sup> June 2017 as part of this week. An Information and Activity Fair under the banner 'Who Cares? We Care', will be held outside Debenhams in Fareham Shopping Centre. They are looking for groups to offer activity taster sessions on the day. If your organisation would like to book a stand at the fair or send some leaflets for an information sharing table, please contact CAF or email on [events@farehamaction.org.uk](mailto:events@farehamaction.org.uk)

**Portsmouth Hospitals Trust Public Meetings.** The next meetings will be held on Friday 5<sup>th</sup> May 2017, from 10.30am -12.00 noon at Thorngate Halls, Bury Road, in conjunction with the Gosport Older Persons forum. Further meetings are being held in Fareham on Wednesday 10<sup>th</sup> May 2017 1.30pm - 3pm at the Park Room, Portchester Community Centre, and Havant on the 24<sup>th</sup> May 2017. These meetings give the public the opportunity to talk to elected members of the Trust's Council of Governors and a Trust representative.

The theme for the round of meetings is: **Working Together to Improve Urgent Care Choices.** There will also be an update of developments within the GP Community from Chris Complin, Gosport Primary Care Integration Lead Better Local Care, Gosport and Fareham.

### **New Cardiomyopathy Support Group for Fareham.**

Cardiomyopathy is a disease of the heart muscle affecting around 1 in 500 people of all ages. It is not curable but can be treated successfully, allowing most people to lead a long and full life. The support group meet to share experiences. There will be a presentation by Robert Hall - Support Nurse for Cardiomyopathy UK with an opportunity to ask questions. The meeting will be at Community Action Fareham, 163 West Street on **Tuesday 23<sup>rd</sup> May 2017, 6.30pm-8.30pm.** For more information contact the group leader Sue Bailey, email: [sabailey53@btinternet.com](mailto:sabailey53@btinternet.com) or Tel: 01329 285733 or 07585 336463.

**Personal Health Budgets.** A two-day event takes place in London starting on Wednesday 3<sup>rd</sup> May 2017. 'Peoplehub' has recently published some resources to support people who are being assessed for NHS continuing healthcare, and may wish to investigate having a Personal Health Budget. To see the wide range of resource and information sheets available visit, <http://www.peoplehub.org.uk/category/resources/>

**Personal Wheelchair Budgets.** Since April 2017, CCGs have been expected to start develop local personal wheelchair budget offers to replace the current wheelchair voucher system, as part of personal health budget rollout plans. During this transitional period, wheelchair vouchers should still be made available.

### **Safeguarding Network Meeting.**

Who needs a SAL? (Safeguarding Adult Lead). A SAL Network meeting was held last week which provided useful information on what safeguarding policies and procedures should be in place. Further information is available from Paul O'Beirne and Nicky Staveley.

**Stress Research at Southampton University.**

A postgraduate student at the University of Southampton is conducting research into managing stress. They would like to advertise the study to local voluntary groups. Fliers giving further details are available from CAF or GVA.

**OpenSight.** Terry Smith and Julie will be doing a Sponsored Walk to raise funds to produce the magazine and are appealing for support for their efforts. The 10k walk in the New Forest takes place on Sunday 14<sup>th</sup> May 2017. Please see their Just Giving link [www.justgiving.com/fundraising/Terryswalk](http://www.justgiving.com/fundraising/Terryswalk)

**Brain Injury Awareness Week - 8<sup>th</sup> May 2017.**

**Making Every Contact Count.** Healthy Conversation Skills Training is available throughout the year. The next sessions take place at Gosport Town Hall on 18<sup>th</sup> and 25<sup>th</sup> May (both sessions must be attended). For further information contact Mandy Bright on [engagemanager@gva.org.uk](mailto:engagemanager@gva.org.uk)

The next **Voluntary Sector Health Forum** will be hosted by Community Action Fareham, on the **4<sup>th</sup> July 2017** at Fareham Community Church.

### **Lunch**

Groups were invited to network over lunch.

### **Connect to Support Hampshire - Andrew Vatavu.**

Connect to Support Hampshire is an online resource for adults with care and support needs and provides a means of finding advice and support locally.

Andrew gave a presentation to the forum which is attached below.



Connect to Support  
Hampshire Presenta

Q. Who owns Connect Support?

A. Hampshire County Council owns the site but information is provided from many sources.

Q. If there is a service or group that cannot be located on the website, can it be added?

A. Yes. If you are unable to find a group or service, there is a feedback button where you can inform us of services not on the website. One person asked about a Local Quit Smoking Group in Gosport and this can be added to website if not already on there.

Q. How up to date is the information?

A. The website is updated every two months by all Councils of Voluntary Action but can also be updated by individuals or other organisations.

### **Princess Royal Trust - Andrea Fitzpatrick.**

Andrea spoke briefly to the forum about the services offered by the trust.

The Princess Royal Trust for Carers in Hampshire is part of a network of 144 Carer Centres in the UK. The network is co-ordinated by The Carers Trust (formally PRTC). Each centre is an independent registered charity established with help from the Trust and funded by local authorities, social services, primary care trusts and other organisations. The work we do is varied and is tailored to the needs of each individual carer. Our focus is on giving carers

accurate and up-to-date information on anything from disability aids to benefits claims as well as emotional support. We run Alzheimer's Cafes in Andover, Basingstoke and Winchester. We also run special support groups, act as carers' advocates, liaise with Social Services, GPs, hospitals and the Benefits Agency amongst others and offer free counselling to carers by way of qualified voluntary counsellors.

A current initiative offered by the trust is Emergency Planning. Our dedicated team will provide support to discuss, develop and implement an emergency plan. Up to 48 hours care may be available to a person who is being cared for in the event of an emergency. This plan does not cover planned events, pre-planned operations or a pre-arranged admission. The aim of this initiative is to give peace of mind and a continued for someone in the event of the unexpected.

### **Update on CCG restructure - Elizabeth Kerwood.**

Four CCG's have recently formed a partnership. This will enable for effective working. The Chief Executive will be Maggie MacLssac. At this present time, West Hants CCG is not part of the partnership but are welcome any time and still continue to work closely with other CCG's. Please see attached letter detailing changes. (please note this is a copy of the document, original does contain signatures of clinical chairs).



Hampshire CCG  
Partnership.docx

Q. Will there still be Open Board Meetings?

A. Yes, the open Board Meetings will still take place.

Q. Is there reassurance that focus on the local area will not be lost?

A. Yes, the forum is reassured that local focus will not be lost.

### **Carers Survey Results - Paul O'Bierne.**

Paul gave an overview of the Carers Survey Results to the forum. There had been a limited response and perhaps consideration may be given to either keeping the survey open or reframing the question set? The survey is attached below, and was discussed by the forum.



HFGF Care Survey  
results 010517.docx

The forum discussed the issue around assessment, what is needed, what is the method of getting a good assessment, but agreed it was the starting point for care. Some people find the process difficult as they have never been a carer before and in some cases it can be difficult to get families to say/admit they need help. Another area of concern can be that people have their own needs, and then become a full time carer in addition.

Q. Is there information available on Connect to Support Hampshire?

A. Yes, there is, although it can take a bit of searching. There is a Care Assessment report, Carers Assessment report and Mental Health report.

### **Next Meeting Agenda**

If anyone has suggestions for the next agenda, please contact Paul O’Bieme.

Paul and Nicky will discuss further outside the meeting.

**Close of Meeting.**

Nicky Staveley thanked everyone for attending the forum. Nicky felt the clear message from the forum was that Carers and the Cared for got the recognition and assessment needed early on by clinical staff so they could be supported by the relevant organisations.

Appendices

Attendees:

<b>Surname</b>	<b>First Name</b>	<b>Organisation</b>
<b>AGNEW</b>	Samantha	Stroke Association
<b>ARMSTRONG-COLLETT</b>	Tom	KROMA
<b>BALCHIN SPEAKER</b>	Sarah	Head of Patient Experience QA Hospital
<b>BIGHAM</b>	Sally	Surgery Signposters
<b>BOLWELL</b>	Kathy	Everyone Active
<b>BONNEY</b>	Maria	Age Concern
<b>BRIGHT</b>	Mandy	GVA
<b>CADDY SPEAKER</b>	Emily	Relate Portsmouth and District
<b>COMPLIN</b>	Chris	BLC Gosport
<b>EDWARDS</b>	Graham	Live Well with COPD
<b>FERRABY</b>	Diane	National Osteoporosis Society
<b>FISHER</b>	Julie	Wheatsheaf Trust
<b>FITZPATRICK</b>	Andrea	Princess Royal Trust
<b>GEALL</b>	Richard	Live Well With COPD
<b>GILL</b>	Angela	Age Concern
<b>GOULD</b>	Angela	Age Concern Gosport
<b>GULLIFORD</b>	Pat	CCG Representative
<b>HALE</b>	Raymond	Fareham & Gosport Diabetes UK
<b>HODKINSON</b>	Caroline	Lee Residents Association
<b>HOLMAN</b>	Robert	P & SE Hants Support Group for National Osteoporosis Society
<b>KERWOOD SPEAKER</b>	Elizabeth	Hampshire CCG Partnership
<b>KHOSLA-MALHOTRA</b>	Sarita	Wheatsheaf Trust
<b>MANSBRIDGE</b>	Jeanette	DWP Jobcentre Plus

<b>MCNULTY</b>	Alison	Surgery Signposters
<b>NEAL</b>	Emma	Southern Health
<b>NEWMAN</b>	Judy	CAF Walking 4 Health
<b>O’BEIRNE</b>	Paul	Community Action Fareham
<b>O’CONNOR</b>	Caroline	QA Patient Experience
<b>PAY</b>	Carol	Chrysalis
<b>PEPPER</b>	Suzanne	Gosport Older Persons Forum
<b>PILLAI</b>	Jayan	

<b>PUGH</b>	Vivienne	CAF
<b>REEVES SPEAKER</b>	Ian	Age Concern
<b>REILLY</b>	Charlie	Square Pegs
<b>RINGROW</b>	George	Diabetes UK
<b>ROBSON</b>	Chris	Shore Leave
<b>SHIRLEY</b>	Pat	CCG
<b>STAPLES</b>	Chris	Patient Research Ambassador, QA Hospital
<b>STAVELEY</b>	Nicky	Chief Officer, GVA
<b>STEPHENSON</b>	Michael	Inform Fareham Focus Group
<b>TRAYLEN SPEAKER</b>	Jack	KIDS
<b>VATAVU SPEAKER</b>	Andrew	HCC Connect to Support
<b>WALKER</b>	Justine	Quit4Life
<b>WOOLRIDGE</b>	Jessica	CAF
<b>WOON</b>	Brenda	Fareham & Gosport CCG
<b>YEXLEY</b>	Dianne	Chrysalis
<b>DAWSON</b>	Trevor	Age Concern
<b>ELDRIDGE SPEAKER</b>	Tracey	Carers Together
<b>GARDNER</b>	Jude	Solent Mind
<b>GILLETT</b>	Ben	Citizens Advice Hampshire
<b>HEARSEY SPEAKER</b>	Kerry	Princess Royal Carers Trust
<b>KETT</b>	David	
<b>OSBORNE</b>	Julie	Stroke Association
<b>OSBORNE-BELL</b>	Theresa	Fareham Open Sight
<b>RIMMER</b>	Sonia	Alzheimer's Society
<b>SHEPPARD</b>	Mary	Queen Alexandra Hospital
<b>SZUCS</b>	Istvan	The Rainbow Centre

Those highlighted in yellow are non-attendees.

Apologies:

<b>Debenham</b>	Lucie	Alzheimer's Society
<b>Docherly</b>	Lucy	F&G CCG
<b>Elridge</b>	Tracey	Carers Together
<b>Habberley</b>	John	G&F Branch MS Society
<b>Hulbert</b>	Jessica	Hants CC
<b>McAleese</b>	George	MS Society
<b>Randall</b>	Tina	Wessex Cancer Trust
<b>Webber</b>	Pam	IOW Ileostomy Association
<b>Whitfield-Tinkler</b>	Melanie	Harbour Cancer Support