

# Voluntary Sector Health Forum

**Notes of the GOSPORT & FAREHAM  
VOLUNTARY SECTOR HEALTH FORUM**  
*Tuesday, 13<sup>th</sup> January 2015, The Masonic Hall, Gosport*

Meeting hosted by Gosport Voluntary Action and attended by representatives of 25 local health groups.

Representatives of the Clinical Commissioning Group, Fareham and Gosport and South East Hants.

Representative of Hampshire County Council.

Apologies were received from Dr Keith Barnard of the CCG and from Raymond Hale and Vivienne Pugh.

A list of those who attended and other apologies is appended to these notes.

David Miles, Chief Officer of Gosport Voluntary Action, asked for any comment regarding accuracy or improvement to the notes of the last meeting held in Fareham on 7<sup>th</sup> October; The notes were accepted as presented.

David Miles welcomed Sara Tiller, Chief Development Officer and Elizabeth Kerwood, Governance and Committee Officer, both representing the Clinical Commissioning Group. Alex Berry The Chief Commissioning Officer for the CCG had intended to be at this meeting but was unable to attend.

Sara Tiller gave responses on behalf of the CCG to concerns raised by groups during the last meeting.

## **Responses from the CCG to items arising from the meeting on 7<sup>th</sup> October.**

*Age Concern – had previously asked about Implementation of the Better Care Fund and the role that the voluntary sector will play. Sara to give an update later in the meeting.*

*Open Sight - two priorities from the last meeting were:*

- 1. Ensuring Ophthalmologists follow the necessary registration procedures so that people needing support and advice are referred to appropriate help.*  
Sara apologised but said that discussion of this issue had been overlooked, but she would take their concerns back to the CCG.
- 2. Improvements to the signposting in GP surgeries to assist those with visual impairments. At present, there is a lack of understanding of the issues for people with sight loss who are visiting surgeries and other health settings.*  
Disability awareness training for practice staff has been discussed, and information will be pushed through in surgeries in Fareham and Gosport.

*Gosport Older Person's Forum - One of their main priorities currently is to raise awareness of the services available at Gosport War Memorial Hospital. Is this information available? ST was concerned to hear that the GWH website wasn't very user friendly, but there is a list of services at:*

<http://www.southernhealth.nhs.uk/services/community-health-services/hospitals/gosport/>

*Chrysalis – their priorities from the last meeting were:*

1. *Providing GPs with information to signpost patients to Chrysalis.* Sara Tiller said that this issue will be addressed at separate meetings.
2. *If it were possible to become a registered NHS provider, as it would enable Chrysalis to gain funding for the continued administration of the Charity.* The CCG have provided Chrysalis with registration information.

## **Voluntary Organisations Presentations:**

### **Alzheimer's Society Portsmouth & South East Hants**

Lucie Debenham gave a briefing on the work of the Alzheimer's Society and the services and support it provides in Fareham and Gosport, including advice and support services, activity groups and a memory café, and highlighted that over 800,000 people in the UK are known to be living with Dementia, which is thought to cost the UK economy £17 billion a year.

Their current priorities were:

- 1) To sustain current funding.
- 2) To grow existing services and develop new services.

LD also mentioned a local service called Kitbags and Berets, an activity group for veterans with dementia and their carers to share their experiences in a relaxed environment. The group meets on the 2<sup>nd</sup> Thursday of the month at 1.30pm at the Frank Sorrell Centre, Prince Albert Road, Southsea, PO4 9HR. Further information about services locally can be found at: <http://tinyurl.com/alzheimer-s-portsmouth> Please click here to download the [Alzheimer's Society Portsmouth](#) powerpoint presentation.

Sara Tiller added that a Dementia Advisory Service would be opening at Fareham Community Hospital at the end of January, with a café following a couple of months later.

### **Brendoncare Hampshire**

Julie Lamont from Brendoncare Hampshire gave a presentation about their work; Brendoncare Hampshire has been in existence since 2002, providing social clubs to help older people remain in the community and stay active and independent. Julie outlined some exciting things happening at Brendoncare in Gosport, including a beader's club, choir club (which is looking for tenors!), a cinema club, games group and arts and crafts, and in Fareham; the lunch club, Silver Tops and the friendship club – Julie mentioned that volunteers are needed in Fareham. For further information about the clubs visit: [www.brendoncare.org.uk](http://www.brendoncare.org.uk)

### **Fareham Autistic Spectrum Support**

Diana Warburg opened the presentation by announcing that the group plan to change their name to Family Autistic Spectrum Support in the near future, as they have branched out beyond the Fareham area. They have also increased the age group that they support from 0 – 19 up to the age of 25, recognising the need to support young people as they get older. Diana mentioned that 1 in a 100 people are on the autistic spectrum and stressed the need to offer support to families, as well as to the young people themselves. She gave a brief background of the organisation, founded by Susie Maddy in 2004 after she identified a lack of local support. Susie is still the charity's co-ordinator and very much involved with supporting local families. The current priorities for FASS are:

- 1) Encouraging GP surgeries to signpost more effectively and be more autism friendly.
- 2) To increase the rate of diagnosis; so important in order for young people with autism to get the help they need.

For further information about FASS and details of their busy events diary, go to:

[www.farehamautisticspectrumsupport.org.uk/](http://www.farehamautisticspectrumsupport.org.uk/)

### **Ileostomy Association**

The ileostomy and Internal Pouch Association was presented by its chairman, Pam Webber who explained the role of the association in supporting those with ileostomy (known as a Stoma) or internal pouches fitted usually as a result of having had their colon removed. The Association offers support in many ways such as visits, meetings, advisory services and access to medical research, and works closely with medical services. They also now have specially trained stoma care nurses available. Pam was asked whether there were any ileostomy services at Gosport War Memorial Hospital. She said that she thought not, but that there were services at QA. Pam also outlined IA's priorities:

- i) Liaison with healthcare professionals including making patients aware of IA.
- ii) Retaining Stoma care services in our area.

Further information can be found on the IA website at: [www.iasupport.org](http://www.iasupport.org) or via a Freephone number: 0800 0184 724.

### **Gosport Advice and Information Network (GAIN)**

Angela Gill spoke briefly to highlight two workshops being offered at various venues in Gosport throughout January, February and March (4 sessions of 2 hours duration each):

1. Online Computer Skills
2. Budgeting & Money Management

To book or for further information go to: <http://www.gain-gosport.org.uk/learning/> or you can email [gain@gain-gosport.org.uk](mailto:gain@gain-gosport.org.uk) or telephone: 02392 588035

### **Chrysalis**

Chrysalis is a charity for transitioning transgender adults. They will be hosting a film premier on Friday, 23<sup>rd</sup> January at 7:30pm, at Wallington Village Hall, Fareham to showcase a Healthwatch Hampshire film on what it is to be transgender, together with a film made by Chrysalis and a talk by a guest speaker. The evening will include a two course meal (vegetarian option available) and a drink for £12.50. To apply for tickets, go to: <http://tinyurl.com/chrysalisfilmpremier> You can pay on the night. To find out more about Chrysalis, go to: <http://www.chrysalis-gii.co.uk/> or for Healthwatch to: <http://www.healthwatch.co.uk/>

### **Better Care Fund**

Sara Tiller gave a Powerpoint presentation and overview of the Better Care Fund, which was launched in 2013 but goes live on April 1<sup>st</sup>, 2015. Sara explained that the Better Care Fund was provided through a pooled budget of £80 million across Hampshire, with £10.8 million coming from the Fareham, Gosport and South East Hants CCG. The primary driving force, she explained, was the need to integrate care, with the key aim being to better support people in managing their health conditions at home, and lessen reliance and strain on statutory services. The hope was that this would help people to live independently, with more control over their own health. During Sara's presentation, she mentioned the six key transformation programmes for 2015/2016:

1. Co-commissioning of Care at Home

2. Telehealth/Telecare
3. Rehabilitation and reablement
4. Discharge to assess
5. Review of historic partnership Funding
6. Integrated provider delivery model

#### **Q & A**

*Q: Linda Phear (Fareham Area Active Blind) asked whether these care packages would start at hospital, or once the patient was back at home?*

A: Sara said that you should now find social workers and support staff working in hospitals to ensure that this integrated approach works better.

*Q: Suzanne Pepper (Gosport Older Persons Forum) asked whether there were services for assessing carers, and how you get permission for that assessment to happen?*

A: Sara said that she would take this query away and enquire. The difficulty that she outlined was that although it might feel as if one provider were delivering a service, it may in fact be several organisations, but said that there would be a different professional model in the future; for example with one person delivering 2 or 3 tasks.

*Q: Margo Berry (Osteoporosis Group Portsmouth) raised the issue of what happens when people have 3 or 4 long term health conditions and how you ensure that all services are made aware and have the up to date information on that patient? Margo mentioned that she has been issued with a booklet which lists all her existing conditions, together with a letter at the front of the booklet. She felt that this would be a really useful resource, especially for those travelling outside of their own area.*

A: Sara said that the CCG were attempting to do all of that, and made reference to the upcoming Target meeting on 30<sup>th</sup> April. The Target meeting was originally scheduled for the 29<sup>th</sup> January 2015 at HMS Collingwood but had been postponed, and is primarily run for GPs and nurses, but will be dedicated on this occasion to the voluntary sector. 40 to 50 groups are invited to attend. Please contact Jo Parkinson if you are interested in attending at: [j.parkinson1@nhs.net](mailto:j.parkinson1@nhs.net)

*Q: Angela Gill (GAIN) – said that some steering group members had expressed concern about cuts in the Supporting People Fund.*

A: Sara said she had heard this elsewhere too, and would query that with Hampshire County Council.

*Q: Margo Berry commented that there was a lack of Adult Services cover in hospitals.*

A: Sara replied that there was Adult Services presence in hospitals 24/7.

David Miles mentioned at this point that, as part of his role at GVA he has responsibilities with regard to the development of the Better Care Fund, and urged those present to get in touch with him if they had any concerns before the BCF rolled out in April. David's email address is: [chiefofficer@gva.org.uk](mailto:chiefofficer@gva.org.uk)

Sara Tiller ended with an overview of Southern Health NHS Foundation Trust and Solent NHS Trust.

[Better Care Fund](#) powerpoint presentation.

[Solent NHS Trust and Southern Health NHS Foundation Trust](#) powerpoint presentation.

Margo Berry suggested that it would be good to get the Falls team to do a presentation at a future Health Forum meeting.

### **Surgery Sign-posters**

David Miles said a few words on the progress with regard to surgery signposters (trained volunteers who will signpost the patient to an appropriate group following referral from the GP). David is going to attend a panel to finalise the funding for the surgery signposters.

### **Quick Review (Meeting Administration)**

Each table was asked to discuss/comment on the administration of the Health Forum, and what they felt could be improved – please send any comments you may wish to submit to: [lroberts@farehamaction.org.uk](mailto:lroberts@farehamaction.org.uk)

Next meeting is Tuesday, 3<sup>rd</sup> March, Fareham United Reformed Church, 12pm until 2.30pm to include lunch. Future dates for Health Forum meetings are as follows:

5<sup>th</sup> May Gosport

30<sup>th</sup> June Fareham

1<sup>st</sup> September Gosport

3<sup>rd</sup> November Fareham

(Venues to be confirmed)

Appendices: [List of Attendees](#)