

Voluntary Sector Health Forum

Notes of the

Fareham and Gosport Voluntary Sector Health Forum

5 July 2016, Fareham Community Church

The meeting was hosted by Community Action Fareham and a list of those who attended and those who sent apologies is appended to these notes.

1. Welcome & Introductions

Paul O'Beirne began by welcoming new attendees:

Hampshire Cllr Chris Matthews, member of Health and Social Care Committee

Donna Simpson - Gosport BC

David McKeigue - OpenSight

Cathie Bolwell - Fareham Leisure Centre

Lucy Docherty – CCG Board member

Richard Johnson - MCP Project Manager Southern Health

Gethin Hughes - Director of Integrated Services, Southern Health

All attendees then introduced themselves on their own tables.

2. Notes of last meeting & other feedback from previous meeting

The notes of the last meeting were available on the website and copies were available at the meeting.

No comment was made on the previous notes.

3. Understanding the Health Service, part 1

Introduced by Paul O'Beirne –

What is our current understanding of the health service & what do we wish to know?

Five minute exercise was undertaken for each table to draw a diagram of their understanding of the Health Service.

Each table made their presentations.

Please follow this link to view the pictures of the flip chart presentations: [<here>](#)

Paul O'Beirne put up a version of his understanding on the Health Service on a main board on the stage. There were several comments as follows:

- Get someone to outline the STP – eg Richard Samuel
- How will GPs moving to “employed model” affect us

- Would like a definition of Vanguard and assurance that the Vanguard change is INCLUSIVE
Would be helpful to have our MPs present at the next two meetings
- The size of the Mental Health item in the diagram MUST be bigger because MH affects and is affected by so many others.
- Need clarification about the mental health services in our area especially for children and to include services for people with LD
- Include Admiral Nursing (dementia) and Macmillan (cancer) as significant vol sector providers in diagram
- The important place of medical research needs to be recognised.
- What about the chronic state of the Ambulance service?
- Arms-length NHS agencies including NICE.

4. **Feedback from the CCG about priorities presented last time**

Pat Shirley announced that she is delighted to be appointed permanently to the role previously undertaken by Dr Keith Barnard. She presented the responses to the groups who presented at the May meeting:

Marvels & Meltdowns

Priority Areas

- Lack of awareness and adaptability by schools to put the support children need in place
- Length of waiting time for the child and Adolescent Mental Health Service (CAMHS) and lack of awareness about being able to self-refer.

CCG Response

The CCG has worked with CCG's across Hampshire to recommission the CAMHS service which has included investing additional funding.

From April 1st 2016 it is being provided by Sussex Partnership NHS Trust. A key focus has been reducing waiting times which are now approximately 29 days for routine appointments and as soon as two hours for urgent appointments.

The Trust is currently introducing a single point of access which will make it easier to contact the service and this will be promoted widely to healthcare professionals, the voluntary sector and local people.

Hortic Therapy

Priority Areas

- Raising awareness of the services with local GPs
- Residential homes inviting the group to provide their service

CCG Response

The Surgery Signposters will be made aware of this service and what it offers for local people.

The CCG is also linking with Hampshire County Council on its Supporting Communities Programme, which includes working more closely with voluntary sector groups.

Cruse Bereavement

Priority Areas

- Raising awareness with GPs and mental health services to signpost to the group appropriately.
- Receiving funding from the CCG, particularly for continuous professional development

CCG Response

The Surgery Signposters will be made aware of this service and what it offers for local people.

A key aim of the Multi-speciality Community Provider (MCP/Vanguard) is working more closely with the voluntary sector and this may lead to funding opportunities.

Questions were invited, but to be asked over the lunch break.

5. Lunch Break

6. Donna Simpson GBC & Mandy Bright GVA – Making every contact count.

This has similarities to the Trigger Tool, but uses engagement and conversation to a greater extent. Training is available and will be organised for F&G. Community Action Fareham and Gosport Voluntary Action will be undertaking the Train the Trainer part.

Q: Is it free training:

A: It is provided by Health Education Wessex so is free as in there is no fee to pay, but we need to organise a team with other local organisations

Q: is the training available to voluntary organisations?

A: The initial stage is 'training the trainer'. Training will then be cascaded out to public sector or voluntary groups. Trainers can come from the voluntary sector

Q: How will people know this is coming up?

A: We will make sure people are aware

7. About Southern Health's strategic role and services: Gethin Hughes

Using the diagram of the Health Service that we had just created, Gethin spoke about the provision of community services and how that links many other areas.

There would be huge re-organisation in the coming years.

The shortage of GPs and the decline in appetite to "buy into" a practice is a major reason for change. The names Vanguard, MCP (multi-disciplinary community project) and Better Local Care all refer to the same strategic initiative, just coming from different places.

We spoke about the need for "integrated services"

Gethin saw the role of the voluntary sector as critically important in working with primary care. He provided copies of a diagram illustrating the strategic change envisaged; a leaflet describing Better Local Care is available too.

Q: People with acute mental health problems – where will they be managed?

A: Acute mental health services will continue to exist, one piece of work we are undertaking is recognising that there is a pattern of care, we seek to improve this.

Q: How we stop people becoming unwell?

A: We could prefer preventative methods

Q: About Children's care – are you concerned about the closing of sure Start Centres?

A: A vital part of our role is supporting families...We will be looking at reaching families in a different way, for example in promoting and providing vaccination.

Q: Where does occupational therapy sit in this?

A: Sits within the extended primary care team. Desire to have a single model. Occupation therapists meet once per month currently, working to the same clinical policies.

Q: Are the Occupational Therapists allowed to develop specialism?

A: Yes, this is very much encouraged

Paul O'Beirne – This is the first of three sections we will be running at the health forum meetings.

Q: Virgin will be providing children services – what is the view from Southern Health about signposting to charities, such as The Rainbow Centre, and charities providing services?

A: We actively encourage signposting, we very much welcome it.

Paul O'Beirne mentioned the 'Who Cares' booklet that is published by Community Action Fareham.

Q: My wife is a GP – you need more GPs & Nurse - none of these goals will work out without more GPs / Nurses

A: The way we work currently is not attractive to GPs, they may not want to enter into a Partnership as in the past, and may sometimes want to work part time. We need to make it more appealing and the Gosport model has been very successful already.

Q: How do you connect with voluntary groups and how will you know who to refer to?

A: I cannot educate them, but you can – I would be very happy for groups to come in and educate my teams, you would be very welcome.

Gethin asked Community Action Fareham to publish his contact details in the minutes:

Gethin.hughes@southernhealth.nhs.uk

8. Got it Right! Award & outline of a medical advice policy

Paul O'Beirne reported that 6 organisations had received the GiR at the end of April. We now welcomed more to participate. At the last meeting in Fareham Raymond Hale had raised the matter of it being important that groups understood the limitations about medical advice. We have therefore produced a guidance sheet about supporting others and a model advice policy. There are a number of ways that this policy could be set-up within community groups. The important part is that members understand their limitations and ensure that they are not seen to be giving advice when they are not trained or indemnified to do so.

9. Update, re: Gosport & Fareham MCPs & the Sustainability & Transformation Plan

This is a 5 year plan. Paul O'Beirne and Pat Shirley are attending a meeting on Friday 8th July and will feedback

10. Notice Board

Paul O'Beirne commented that:

- Friends of Fareham Community Hospital new leaflet; Fernes (new residential home in

Catisfield) opening open day 16th July

- Paul has a leaflet on the impact of the 'brexit' vote to leave the EU – the leaflet was available on the way out of the meeting.
- Who Cares event on 6th June – this was a success, thank you to all those who attended.
- The Highlands Road Surgery have a space available in their waiting room for approximately 10x A4 size of advertising. They are offering for voluntary / charity organisations to give their leaflets on a rotation basis.
- Friends of Fareham Community Hospital have new leaflets, please remove your old ones.
- Paul O'Beirne provided a compilation of key facts taken from the annual reports or plans a variety of NHS / health organisations [<here>](#)
- Copies of Speak Out Safeguarding leaflet were given and recommended [<here>](#)

11. Check on the focus of the next meeting

These are 6th September in Gosport and 1st November in Fareham.

We will identify the key areas for further explanation and so expect representation from GPs, CCG Commissioning, STP, Adult Services, having input from our MPs.

Paul O'Beirne requested further comment and suggestion.

Biddy Mayo suggested that Steve Manley from Healthwatch would like to be included.

September meeting: Further exploration of the health service.

November meeting: Change, MCP inclusion of voluntary sector by providing support, inclusion of patient opinion from Health Forum's members members!

12. Confirmation of the next meeting:

The next meeting will be held on Tuesday 6th September at Masonic Lodge, Gosport – 12.00 – 2.30

Thank you to all attendees today, to our presenters, to our admin and to our volunteers who set-up the meeting and lunch.

Meeting Close

Appendices

Attendees:

Cathie	Bolwell	Everyone Active
Mandy	Bright	Gosport Voluntary Action
Nick	Brooks	Fareham & Gosport CCG
Cailey	Chapman	Headway Portsmouth
Zoe	Davies	Community Action Fareham
Lucie	Debenham	Alzheimer's Society
Lucy	Docherty	CCG
Anne	Dundas	Chrysalis
Ingeborg	Forder	Relate
Richard	Geall	Living with COPD
Laura	George	Community Action Fareham
Pat	Gulliford	Friends of Community Hospital
John	Habberley	G & F Branch MS Society
Raymond	Hale	Diabetes UK
Robert	Holman	Portsmouth & SE Hants Osteoporosis
Gethin	Hughes	Southern Health
Kath	Hutton	Veterans Outreach Support
R	Johnson	Southern Health NHS
Chris	Matthews	Hampshire County Council
Emma	May	Gosport Voluntary Action
Biddy	Mayo	Citizens Advice Fareham
George	McAleese	MS Society
David	McKeigue	Open Sight
Jim	Morey	Gosport Access Group and Disability Forum
Annette	O'Beirne	Community Action Fareham
Paul	O'Beirne	Community Action Fareham
Carole	Pay	Chrysalis
Suzanne	Pepper	Gosport Older Persons Forum
Jayan	Pillai	Community Action Fareham
June	Powell	Community Action Fareham
Vivienne	Pugh	Community Action Fareham
Jennie	Romichevea	Community Action Fareham
Valerie	Rossiter	Parkinson's Society
Georgina	Shane	Two Saints
Mary	Sheppard	QAH
Pat	Shirley	FAREHAM and GOSPORT CCG
Donna	Simpson	Gosport Borough Council
Linda	Smith	Help in Bereavement
Denise	Starkey	Gosport Voluntary Action
Istvan	Szucs	The Rainbow Centre
Phil	Taverner	Relate Portsmouth and District
Jane	Ward	Dementia Friendly Hampshire
Jenny	Wilford	HCC

Apologies:

Brenda	Hadfield	Friends Through Pain
Stuart	Thompson	Prostate Cancer Support
George	Mc Aleese	MS Society
David	Kett	Macular Support Group
Karen	Seale	Brendoncare Clubs
Paul	Quinn	Lwwcopd
Jeanette	Perry	AVFG. GAGDF.Surgery Signposter.
Debbie	Ross	Open Sight
christopher	Staples	Breathe Easy/Gosport and fareham
Jennifer	Burkett	Fareham Macular Group
Pam	Webber	
Tom	Armstrong-Collett	Chatterbox LGBT Group
Melanie	Whitfield-Tinkler	Harbour Cancer Support
Justin	Parsons	British Lung Foundation
Claire	Chatwin	Southern Domestic Abuse Service
Joan	Welsh	Haslar Bosom Buddies