

Fareham & Gosport

Voluntary Sector Health Forum

Notes of the meeting on 5th September 2017 – Masonic Hall, Gosport

The meeting was hosted by Gosport Voluntary Action

A list of those who attended and those who sent apologies is appended to these notes.

Welcome and Introductions

Nicky Staveley of Gosport Voluntary Action welcomed everyone to the forum and invited new attendees to introduce themselves.

- Hayley Macdonald – Haslar Heart Support Group
- Bob Jezzard – Haslar Heart Support Group
- Peter Borthwick – Haslar Heart Support Group
- Mike Reeves – Fareham Muscular Support Group

Full list of attendees and apologies can be found in the appendices to these notes.

GP Five Year Forward Plan – Keeley Ellis/Sara Tiller (CCG)

Sara Tiller is the Chief Development Officer F&G CCG. Sara gave a presentation of a national document on the 5-year plan of how GP's are going to develop over the coming years. To view the full presentation please click on the icon below.



GB - GP Forward
View Progress Repo

Q: The Fareham Same Day Access Service is at the Community Hospital, making it difficult for many to get there, how can this be addressed?

A: These issues will be considered with a view to perhaps something more central in the Fareham area. People need to be able to access the service.

Q: Will the video mentioned and presentation be available.

A: Yes, the presentation will be attached to the minutes and the video will be on the website.

Q: Community access to websites at surgeries can be difficult to access and register, especially people with disabilities like Parkinson's.

A: Feedback will be taken back to make the website easier to access and more user friendly.

Q: Main referrals to GP's. How much of the £45m is going towards training and referrals?

A; Not all of the £45m is for Fareham & Gosport. In the future, services will be contracted out of hospital and the voluntary sector can also make a massive contribution.

Q: Who is facilitating training for care navigators?

A: Training with SSP has been adapted for care navigators.

Q: SSP training – is this localised?

A: SSP are based in four surgeries. Session is held with patient to refer on most important information. There is always follow-up phone call or face to face meeting to see how patient has improved and with patient consent can feedback. NS also advised access to EMIS is being sought for SSP.

Q: How secure are online consultant links?

A: It is really strict and has a detailed process on procuring system.

Group Presentations – Update of Priorities

Presentation by Emma Dunbar from Solent Mind – Seasonal Affective Disorder



Emma explained this time of year was the busiest for Solent Mind with the onset of colder/darker evenings and shorter days. They have various groups to help people socialise and form friendships. Groups are the main focus, however 1 to 1 support is still offered to those anxious about a group situation. The various groups offered are:-

- Decider Group
- Healthy Lifestyle Group – (mood and diet are interlinked)
- Exercise Group – (gym classes at Fareham Leisure Centre)
- Walking Group

Q: Are Solent Mind on the Connect Support to Hants website (CSTH)?

A: Cannot confirm, will need to check.

Q: How do organisations start discussing working with MIND?

A: Emma has contact details. Individuals can self-refer.

Presentation by Hayley MacDonald from Haslar Heart Support Group,



Hayley introduced herself as a Cardiac Rehab Nurse at QA Hospital. The group was set up by patients for patients to support those who have experienced various heart issues. The group is held on the first Thursday of each month, at the Gosport War Memorial Hospital. They have speakers each month, with every other month being a medical speaker, and fun activities like skittles. Leaflets were available.

Q: Is the Fareham Cardiac Group run on the same format?

A: Yes.

Q: Is the group on the CTSH website?

A: No. NS added that Gosport Voluntary Action (GVA) regularly upload information, so any organisation registered as a member of GVA, would have their details put on website.

Noticeboard

Kerrie French – Better Points



Through her own experience, Kerrie became involved with BetterPoints. Individuals can gain rewards for walking, running and cycling via a smartphone app, encouraging small changes to make big differences to a persons' wellbeing. The rewards come in the form of vouchers to spend in High Street stores. In Gosport and Havant there is an obesity problem in the 40-65 age group, and BetterPoints would like to target this area. The request is for help to get the message out there and leaflets were available.

Liz James – Southampton University



Liz is conducting a research project looking into long term health conditions and how people look for support. Focus groups have been consulted to put together a development questionnaire that needs to be tested, so therefore looking for groups or individuals that could trail this. If anyone can help, to contact Liz and the information can be sent.

Q: What do you hope the research will create?

A: The aim is for the information to be used by GP's to gain a quick idea of a persons' support network.

Rhiannon Hattermore – Deaf Plus



As an organisation, Deafplus offer many services to help people look for employment and find resources. A drop-in service is run at the John Pounds Centre in Portsmouth. Eligible people for their help were those classed as inactive. People claiming JSA are considered actively looking for work, but Deafplus would still help anyone who contacted them.

Q: Why is there not a centre in Gosport?

A: Because their area covers, Portsmouth, Gosport, Havant, and the Isle of Wight, they chose a central point.

Suzanne Pepper of the Gosport Older Peoples' Forum reminded everyone of the InfoFest on October 20th at Thorngate Halls.

Paul O'Beirne advised of some further upcoming events, including some extra notices not given on the day.

Personal Health Budgets (PHBs). Two workshops organised by NHS and others. 22nd Sept in Basingstoke and 25th Sept in Wells Place, Eastleigh. Both workshops from 09.30am to 2pm with lunch provided. For booking contact louise.osborne4@nhs.net or phone 07884 496834.

FG & SHE Mental Health Forum. The purpose of this forum is to obtain genuine use/patient and carer input and feedback about the specification for the Mental Health and Learning Disability Services that will be included in the MCP contract. A discussion paper has been produced, please contact Paul O.Beirne if you are interested in following this or contributing.

South Central Ambulance Service. - Working with our Communities event on Saturday 30th September from 10am-2pm for community leaders, partners and aspiring governors. Lunch and refreshments provided. There is also a promotional day event, 'Fareham 999 Day', Saturday 21st October, 9am-4pm, West Street, Fareham.

GSK Kings Fund Impact Awards. Awards for the community projects with the greatest health impacts, prizes from £3K to £40k funding. Deadline for applications 22nd Sept.

HCC Autism Support Grant. Grants have been announced of between £20 and £50K. There is a tight specification, closing date 15th October.

House of Lords Consultation. This is about Citizenship and Civic Engagement. Closing date for questions to frame the responses is 8th Sept.

Titchfield Health Event. Titchfield Neighbourhood Forum are holding a Health Day on 23rd September in the Community Centre, 10am-2pm.

From Portsmouth Hospitals NHS Trust – Department of Rheumatology. A new Dancing for Health group at QA Hospital for six weeks from 27th September. Attendance free and refreshments provided, but limited spaces so please email rheumatology.conference@portshosp.nhs.uk or phone 02392 286142 to register.

Hampshire Young Carers Conference. Conference taking place on 8th November from 10.30-2pm at Eastleigh Football Club. Book at www.hampshire-young-carers-conference@eventbright.co.uk or enquiries to eastleighyc@1community.org.uk or call 02380 902462.

F&G CCG AGM is on Wednesday 13th September, 5-6.30pm at Fernham Hall, Fareham. The annual report and accounts for 2016/17 will be presented. There will be opportunity to ask the governing body questions. To confirm attendance or ask a question call 02392 282063 or email: fgccg.enquiries@nhs.net.

Lunch

Groups invited to network over lunch.

Presentation by Laura Daniel from Community Independence Team

Laura is the Team Manager for the Southern area. The aim is to increase independence and engage people in social activities. To see the presentation please click on the icon below.



Community
Independence service

Q: Do you have any leaflets?

A: No, not at present, but can send poster to GVA and we are attending Infofest in October.

Q: Can people self-refer, they will need leaflets to facilitate this?

A: Yes, however no leaflets available at present.

Q: Are you linked to the Princess Royal Trust?

A: Yes

Presentation by Sheryll Mondey from the Environment Centre - Hitting the Cold Spots

The Environment Centre, commissioned by HCC have been running seven years. Their focus is a Cold Weather Plan for England, in conjunction with the council's own Fuel Poverty Strategy.

To see the full presentation, please click on the icon below.



Hitting the Cold
Spots.ppt

Q: The winter fuel allowance is based on age – how do you determine eligibility?

A: Some people do donate their fuel allowance.

Q: A lot of people are concerned about the checking of heated throws/blankets, usually carried out by the fire service, but funding has been withdrawn, do you offer anything?

A: No, there is no service available.

Q: Do you have any registered electricians that can do this testing?

A: Yes, however there are only four in the whole country with the specialist training.

Next Meeting Agenda.

The next meeting will be on Tuesday 21st November, hosted by Community Action Fareham.

The focus points of the meeting will be:

Personal Health Budgets

Making all information available to all – including Connect 2 Support.

There will be time for input from Groups and Services. Please send offers to admin@hfgf.org.uk

Close of Meeting.

Nicky thanked everyone for attending and those who gave presentations.

A reminder that the GVA AGM is on Tuesday 3rd October, 12-2pm.

Attendees

First Name	Surname	Organisation
Aisia	Howard	KIDS
Alison	McNulty	Surgery Signposters Service
Andrea	Fitzpatrick	The Princess Royal Trust for Carers in Hampshire
Barry	Large	Solent Mind
Bob	Jezzard	Haslar Heart Support Group
Brenda	Borthwick	Haslar Heart Support Group
Brenda	Wood	Fareham & Gosport CCG
Caroline	Hillier	Everetts Pharmacy
Caroline	Hodkinson	Lee Residents Association
Caroline	Hopper	PCC
Carrol	Pay	Chrysalis
Catherine	Gardener	MHA
Cathie	Bolwell	Everyone Active
Chris	Robson	Shore Leave Haslar
Chris	Staples	QA Patient Ambassdor
Christine	Jezzard	Haslar Heart Support Group
Dans	Hofbauer	Live Art Local CIC
Debbie	Ross	Open Sight
Dianne	Yexley	Chrysalis
Donna	Simpson	Gosport Borough Council
Emma	Dunbar	Solent Mind Wellbeing Centre
George	Ringrow	Diabetes UK
Graham	Edwards	Live Well with COPD
Hayley	Macdonald	NHS
Jennie	Romicheva	Community Action Fareham
Jeanetter	Perry	CHAT
Jessica	Wooleridge	CAF
Jo	Moodie	The Environment Centre
John	Habberley	Gosport & Fareham MS Society
Jules	Arthur	Gosport Voluntary Action
Kerri	French	Betterpoints
Laura	Daniel	Community Independence Team
Laura	George	Community Action Fareham
Liz	James	University of Southampton
Lucie	Debenham	Alzheimers Society
Lynne	Martin	The Moving On Project
Michael	Stephenson	InForm Fareham
Mike	Reeves	Fareham Masular Support Group
Nicholas	Quest	KROMA
Nicky	Staveley	Gosport Voluntary Action
Pat	Gulliford	Friends of Fareham Community Fareham
Paul	O'Beirne	Community Action Fareham
Peter	Borthwick	Haslar Heart Support Group
Rhiannon	Hattemore	DeafPIUS
Sara	Tiller	CCG
Sheryll	Mondey	The Environment Centre
Suzanne	Pepper	Gosport Older Persons Forum
Szucs	Istvan	Rainbow Centre

Thomas	Armstrong-Collett	KROMA
Valerie	Rossiter	Parkinson UK
Vivienne	Pugh	Community Action Fareham

Apologies

George	McAleese	MS Society
Jeanette	Mansbridge	DWP – Jobcentre Plus
Laura	George	Community Action Fareham
Mandy	Bright	Gosport Voluntary Action
Pamela	Webber	Hants & IOW LLeatomy Association
Pat	Shirley	Fareham & Gosport CCG
Richard	Geall	Live Well with COPD
Rowena	Dodds	Solent Mind
Thomas	Armstrong-Collett	KROMA
Tina	Randall	Wessex Cancer Trust